Attachment No. 3		Course program for the first cycle of studies			
1.	Course title	Oral hygiene			
2.	Code	DMMOH2			
3.	Study program	Dentistry - integrated first and second cycle of studies			
4.	Organizer of the study program (unit, i.e., institute, department, division)	University "Ss. Cyril and Methodius" in Skopje, Faculty of Dentistry - Skopje, Department of Oral and Periodontal Diseases			
5.	Degree (first, second, third cycle)	Integrated first and second cycle studies			
6.	Academic year/semester	Year	2	Semester	4
7	Course workload expressed in ECTS credits	3			
8.	Teacher	Responsible teacher: Prof. Dr. Kristina Mitikj Prof. Dr. Maja Pandilova			
9.	Language in which the curriculum is conducted	English			
10.	Necessary prerequisites for listening and taking the class	All compulsory subjects from the first year have been listened to			
11.	Course objectives (competences) and learning outcomes:	The purpose of the course is to acquire a broader knowledge of oral hygiene and its importance for general and oral health. Students are trained to identify dental plaque, remove soft and hard deposits, and educate the patient on techniques and means of maintaining oral hygiene. Students acquire skills to achieve optimal oral hygiene in patients with prosthodontic, orthodontic aids, and implants, as well as in patients with special needs.			
12.	Detailed course content by chapter and units, with the learning outcomes for each chapter	Theoretical Teaching - Lectures 1. Chapter - Introduction to the subject and patient care - 1 class - Anamnestic data related to oral hygiene and detection of dental plaque - 1 class			

		- Dental plaque indices - 1 class - Tartar indices - 1 class - Plaque control - 1 class - Maintenance of oral hygiene at home - 1 class - Teeth brushing techniques - 1 class - Care for interdental spaces – 1 class Results from chapter 1: The student will focus on education on methods for determining dental plaque and tartar, the most commonly used techniques for brushing teeth, as well as indications and proper use of means for maintaining additional oral hygiene 2. Chapter - Pharmacological preparations in the maintenance of oral hygiene - 1 - Outpatient removal of dental plaque and tartar - 1 class - Tooth pigmentation and its removal - 1 class - Maintenance of oral hygiene in orthodontic, prosthodontic, and implant patients - 1 class - Maintenance of oral hygiene in patients with special needs - 1 class - Motivation, re-motivation of patients, evaluation, and maintenance of the achieved results - 1 class Results from chapter 2: The student will be introduced to pharmacological preparations for oral hygiene and will be educated about the methods of removal of dental plaque, tartar, and pigmentation, as well as certain specifics related to oral hygiene maintenance in patients with orthodontic, prosthodontic aids, and patients with special needs. Total: .....15 classes Practical teaching - exercises - From the first chapter 10 classes - From the second chapter 20 classes Total .....30 classes		
13	Interrelation of subjects	Oral biochemistry, Basis of Periodontology		
14.	Detailed description of the teaching and working methods for the subject	Interactive classes (theoretical) work in small groups for exercises, presenting seminars, and other forms provided by the joint ECTS criteria.		
15.	Total Available Time	90 classes		
16.	Forms of teaching activities	16.1.	Lectures- theoretical teaching. classes	15
		16.2.	Exercises (laboratory, auditorium), seminars, teamwork: classes	30
		16.3.	Practice: classes	
17.	Other forms of activities	17.1.	Project assignments: classes	
		17.2.	Independent assignments: classes	
		17.3.	Home study	45
18	Signature requirements	Regular attendance and activity at lectures (minimum 60%). Regular attendance and activity at exercises (minimum 90%). If the student does not score the minimum number of points (24 points) required to pass the exam through continuous assessment, the student will take a test (40 points) and a final exam (60 points) in the next session.		
19	Method of grading			
	19.1.	Tests: points		30
	19.2.	Seminar work/project, written and oral presentation: points		Activity and participation in lectures and exercises – 10 points
	19.3.	Final exam: points		60 points
20	Evaluation criteria (points/grade)		up to 59 points	5 (five) (F)
			from 60 to 68 points	6 (six) (E)
			from 69 to 76 points	7 (seven) (D)
			from 77 to 84 points	8 (eight) (C)
			from 85 to 92 points	9 (nine) (B)
			from 93 to 100 points	10 (ten) (A)

<table>
<tr><td>21.</td><td colspan="3">Method of monitoring the quality of teaching</td><td colspan="3">Self-evaluation by students, assistant control during the practical teaching and assessment of the achieved student success, as well as the pass rate of students who have passed the subject</td></tr>
<tr><td rowspan="11">22.</td><td colspan="6">Literature</td></tr>
<tr><td rowspan="5">22.1.</td><td colspan="5">Required literature</td></tr>
<tr><td>Ord. number</td><td>Author</td><td>Title</td><td>Publisher</td><td>Year</td></tr>
<tr><td>1.</td><td>Minovska, Pandilova, Ivanovski</td><td>Oral hygiene</td><td>Faculty of Dentistry - Skopje</td><td>2004</td></tr>
<tr><td>2.</td><td>Mirjana Popovska, Vera Radojkova Nikolovska</td><td>Oral hygiene</td><td>Faculty of Dentistry - Skopje</td><td>2013</td></tr>
<tr><td>3.</td><td>Mirjana Popovska, Marija Nakova, Vera Radojkova Nikolovska, Zlatanka Belazelkoska</td><td>Oral hygiene practicum</td><td>Faculty of Dentistry - Skopje</td><td>2013</td></tr>
<tr><td rowspan="4">22.2.</td><td colspan="5">Additional literature</td></tr>
<tr><td>Ord. number</td><td>Author</td><td>Title</td><td>Publisher</td><td>Year</td></tr>
<tr><td>1.</td><td>Ivanovski, Pandilova,</td><td>Oral health</td><td>Faculty of Dentistry - Skopje</td><td>2009</td></tr>
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